

# ARHA Prenatal Class Schedule

## 2012

Labour & Delivery

Infant Feeding

Postpartum Topics

Date	Time	Community
January 7, 2012	10:00 – 4:30	Melita
January 21, 2012	10:00 – 4:30	Minnedosa
February 11, 2012	10:00 – 4:30	Souris
February 25, 2012	10:00 – 4:30	Birtle
March 10, 2012	10:00 – 4:30	Carberry
March 17, 2012	10:00 – 4:30	Killarney
April 14, 2012	10:00 – 4:30	Rivers
April 21, 2012	10:00 – 4:30	Treherne
May 12, 2012	10:00 – 4:30	Boissevain
May 26, 2012	10:00 – 4:30	Russell
June 2, 2012	09:30 – 4:30	Neepawa
June 9, 2012	10:00 – 4:30	Virden
September 22, 2012	10:00 – 4:30	Hamiota
September 22, 2012	10:00 – 4:30	Glenboro
September 29, 2012	10:00 – 4:30	Deloraine
October 20, 2012	10:00 – 4:30	Killarney
October 20, 2012	10:00 – 4:30	Russell
November 3, 2012	10:00 – 4:30	Neepawa
November 17, 2012	10:00 – 4:30	Virden



Contact: **Debbie @ 1-204-476-7550** to register OR  
**Register online at [www.assiniboine-rha.ca](http://www.assiniboine-rha.ca)**  
**(Services/Public Health/Prenatal Education)**



**BABY STEPS**  
**...A Healthy Baby Program**



Baby's Best Chance Book provided by your local Public Health Nurse