



BABY STEPS...

A Healthy Baby Program

ARHA

Prenatal Class Schedule

ARE YOU EXPECTING A BABY?

Please register early for the location and dates that best meet your needs.

Classes cover: Infant Feeding, Labour & Delivery,
Parenting & Postpartum Changes.

Date	TIME	Community
April 10, 2010	10:00 - 4:30	Souris
April 17, 2010	10:00 - 4:30	Minnedosa
April 24, 2010	10:00 - 4:30	Russell
May 29, 2010	10:00 - 4:30	Birtle
May 29, 2010	10:00 - 4:30	Virden
June 5, 2010	10:00 - 4:30	Killarney
June 12, 2010	10:00 - 4:30	Neepawa
September 11, 2010	10:00 - 4:30	Rivers
September 11, 2010	10:00 - 4:30	Melita
September 25, 2010	10:00 - 4:30	Glenboro
October 16, 2010	10:00 - 4:30	Carberry
October 16, 2010	10:00 - 4:30	Virden
November 6, 2010	10:00 - 4:30	Boissevain
November 13, 2010	10:00 - 4:30	Neepawa
November 27, 2010	10:00 - 4:30	Russell
November 27, 2010	10:00 - 4:30	Hamiota

TO REGISTER CONTACT:

Deb Cook @ 1-204-773-2761 Ext: 1